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## 1 DAY COURSE IN: BASIC FIRE FIGHTING

### COURSE OUTCOME:

The purpose of this course is to explain to the all employees how fires start and how they can be prevented.

### KNOWLEDGE OUTCOMES - After studying this manual, students will:

- Understand the course of fire and how it spreads and grows
- Know how to react and respond in the case of a fire
- Be able to identify and classify different types of fire
- Choose the correct type of extinguisher for the given circumstance
- Have general fire safety and prevention knowledge in the workplace and home
- Have an overview of burns and how to best treat them

### COURSE CONTENTS:

- Introduction
- Course Objectives
- Definition & the Fire Triangle
- Where and how fires start
- Extinguishing a Fire
- Procedures to Follow in case of fire
- Fire Classification
- How to Prevent Fires
- When not to fight a fire
- Signage and Equipment Location
- Care & Maintenance
- How to operate equipment
- How to evacuate a burning building
- Fire Safety
- Pre-planning
- Evacuation Drill
- Planning
- Burns
- Action Card 1: Fire Situations
- Control list for fire leaders: Fire Equipment
- Student Activity

**DURATION:** 1 Day

**TARGET GROUP:** This course has been designed to assist the new employee, current employee, supervisors, managers and new Health and Safety representatives, Risk managers and shop stewards to become familiar with the Health and Safety legislation incorporated inside the organisation.

**CERTIFICATION:** After attending this course, learners will receive a certificate of attendance.

### This course is based on the following Unit Standard:

Title: Demonstrate knowledge pertaining to fires in working places  
Unit Standard: 120331

### TERMS AND CONDITIONS:

- A deposit of 50% must be paid on reservation of courses. The remainder 50% will be paid on the day of completion of the course.
- A minimum of 5 people must be booked for training to be cost effective.
- ID copies of learners must be submitted with learner registration.
- An additional travelling fee will be charged at AA Rates for all training conducted at client premises.
- Top-up training as per Competency requirements – Learners who are found to be not competent will be given re-training and a re-assessment on full course costs, terms and conditions.